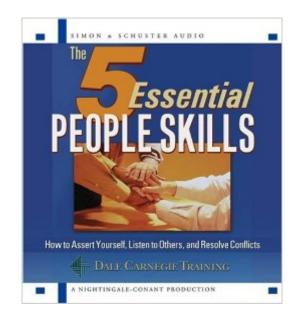
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# The 5 Essential People Skills: How To Assert Yourself, Listen To Others, And Resolve Conflicts





## Synopsis

Have you ever walked away from a conversation full of doubts and insecurities? Do you feel as if you've lost a little ground after every staff meeting? Most of us are either too passive or too aggressive in our business life, and we end up never getting the support, recognition, or respect that we desire. The business leaders and trainers from Dale Carnegie TrainingÅ® have discovered that applying appropriate assertiveness to all your interactions is the most effective approach to creating a successful career. The 5 Essential People Skills will help you be the most positively assertive, prosperous and inspired professional you can be. You will learn to: • Relate to the seven major personality types • Live up to your fullest potential while achieving personal success • Create a cutting-edge business environment that delivers innovation and results • Use Carnegie's powerhouse Five-Part template for articulate communications that grow business • Resolve any conflict or misunderstanding by applying a handful of proven principles Once you know and can employ these powerful skills, you will be well on your way to a new level of professional and personal achievement. You will see a transformation once you put these five essential skills to work for you.

#### **Book Information**

Audio CD: 6 pages Publisher: Simon & Schuster Audio/Nightingale-Conant; Unabridged edition (January 1, 2005) Language: English ISBN-10: 0743539850 ISBN-13: 978-0743539852 Product Dimensions: 5.2 x 1 x 5.9 inches Shipping Weight: 6.4 ounces (View shipping rates and policies) Average Customer Review: 4.0 out of 5 stars Â See all reviews (47 customer reviews) Best Sellers Rank: #719,539 in Books (See Top 100 in Books) #74 in Books > Books on CD > Parenting & Families > Interpersonal Relations #116 in Books > Books on CD > Business > Career #228 in Books > Books on CD > Business > Management

### **Customer Reviews**

This six cd set is a real bargain at the price, it sells for three times as much elsewhere. It is a programme that must be listened to many times to get the maximum benefit, but is well worth it. I recommend it to anyone who wants to improve their communication skills, which is really everyone on planet Earth. It is a must have programme.

I thought this was another book by Dale Carnegie--NOT! There are a few good ideas, but in general the content is less focused and useful than "How to Win Friends and Influence People" This is book is not in the same league at all. The advice leaves you feeling like the writer used a lot of words and didn't say very much. I believe this book is an attempt of relatives of Dale Carnegie simply trying to cash in on his name and the success of the books he wrote. Very disappointing!

It's one of those books i'll definitely keep in my library to refer to. The first 50 or so pages have great information. Then it gets back to more basic info but overall very glad i read it and will refer to it often.

I bought this book after trying several of those self-help books on assertiveness. I instantly liked the headline and its stated objectives. It covers some of the key topics on developing assertive behaviour. I liked the portion around improving listening skills, which was a good eye opener for me. Eventhough the book says that it's aim is to cover only certain types of skills, it goes wider than that, and hence at times lacks the depth that problem deserves. I take this book as one that can help identify the main weaknesses and provide some basic quick fixes to it. It should be followed by a detailed guide separately.

I kept thinking the author was just giving an introduction and Dale Carnagies written pages were to follow...... Never happened. I feel 100% cheated!!! Dale's writing is good. This writer is not a good teacher. Dale gives examples with all his ideas that help you understand. This man just says words and it makes you want to move to the next subject so maybe you can understand the next topic. DO NOT BUY THIS BOOK. It says it is written by Dale Carnagie. It is not. I am doing a charge-back on my credit card. My writing skills are better than this imposter.

Amazing thank you very helpful! Highly recommended!Renee (Rivki) SilverbergAuthor of Understanding Children and Families with Autism Spectrum Disordershttp://www..com/Understanding-Children-Families-Spectrum-Disorders/dp/1622127269/ref =sr\_1\_1?s=books&ie=UTF8&qid=1418769206&sr=1-1&keywords=understanding+children+and+fa milies+with+autism+spectrum+disorders

The Dale Carnegie audiobooks by Nightingale Conant tend to be too basic and common sensical,

trying to repackage the" Win Friends Influence People", "Stop Worry Start Living", or "Public Speaking" principles in new bottles for the New Economy Age. Good endeavors, but tend to fail to provide the wow, useful new ideas.Bought "5 Essential People Skills", "Make Yourself Unforgettable", "Stand and Deliver", "Sales Advantage", "Dale Carnegie Leadership Mastery" and "Leader In You". All of them are newly recycled, repackaged, old ideas of Dale Carnegie's "Win Friends Influence People", "Stop Worry Start Living", or "Public Speaking". They are not as informative as other great audiobooks in the market like "Crucial Conversation", "Difficult Conversation", and "Articulate Executive" by which have more twists and new things to say about leadership communication and persuasive communication. If you need to buy audio books of Dale Carnegie, just buy Dale Carnegie's original, unabridged "Win Friends Influence People", "Stop Worry Start Living" audiobooks. Old too, but relatively more meat and better organized. Besides, you can get them from audible.com easily.Dale Carnegie & Associates really needs to hire more gurus or outside consultants to help update and upgrade their outdated content (not the principles!). When I showed those Dale Carnegie timeless principles to my 12 years old, he said they are too elementary and common sensical in the internet 2.0 Age. Like KFC, Dale Carnegie is an aging brand that needs rebranding and remarketing to stay relevant and practical to the readers or audience.

This is what to me feels like a rehashing of the same information. You be better off getting the original by Dale Carnegie either Life Time Plan For Success, which is my suggestion it includes all his works & then you won't need to buy anything else by this company again!

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